

Note to parents:

To make this journey of practical skills learning more meaningful I will be asking for your help at times throughout the year. Many of the experiences we will be having on our journey into the "real world" will require some of your assistance at home. I ask for your cooperation so that your student can get the most out of this new and exciting journey.



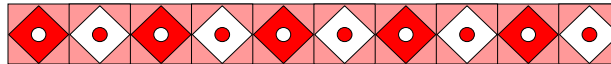
Ms. Incantalupo EXPOSED

Hello! I am very excited to be part of North Shore Middle School. Prior to becoming a teacher, I traveled through New Zealand and Europe and lived in Australia and Italy while earning my Bachelor's Degree.

Before I joined the North Shore Team, I worked in Public Relations, Event Planning and behind the cameras for TV! I am interested in Photography, fashion and exercise.

I ran my first marathon (26.2 miles) in June 2008 and look forward to my next this April 2009! I also teach aerobics, including sculpting, kick-boxing, step, spin and aqua fitness!

Previously, I taught High School in North Babylon, NY. I am excited to be here and look forward to a fabulous year! Please feel free to e-mail at any time!



Sincerely,

Ms. Jeanne Incantalupo
FACS Teacher
North Shore Middle School
505 Glen Cove Ave, Glen Head, NY 11545



incantalupoj@northshoreschools.org



DID YOU KNOW

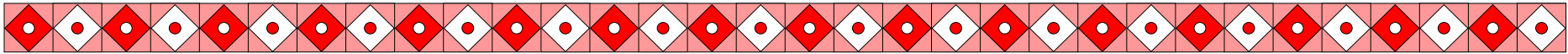
Every 6th and 7th grader takes "life skills" in Family and Consumer Science!

The 21st century brings with it new and diverse demands on all aspects of family life. Families are facing rapidly changing living patterns and are witnessing an accelerated change in family member roles and functions. To prepare our children for happy and prosperous futures, we must help them prepare to become healthy and productive citizens, consumers, home managers, and successful career holders.

Ms. Jeanne Incantalupo
Family & Consumer Science Teacher

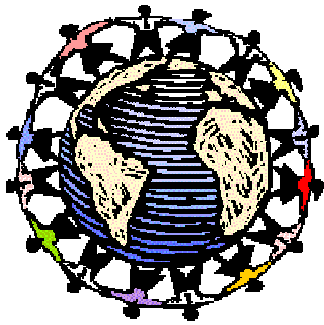
Please e-mail me at any time:
incantalupoj@northshoreschools.org





6th Grade FACS

The 6th grade FACS Curriculum introduces students to the importance of strong interpersonal skills. Topics of discussion include attitudes about discrimination, understanding proper behavior, benefits of friendship, building relationships with parents and adults, and handling peer pressure.



Students then move into a sewing skills unit and learn basic hand sewing techniques. Lastly, students examine the New Food Guide Pyramid, targeting their own food behaviors and eating habits to learn ways to maintain a healthy lifestyle.



Project Runway

Project Runway is a creative and technical class dedicated to the art of garment construction. Students will master areas including: hand sewing, hemming, machine sewing, pattern reading, layout and fabric cutting to create 3-4 hand made garments. The course will culminate with a Charity Fashion Show where students will showcase their hand made garments on the NSMS Runway Cafetorium. Course is only open to 8th graders.



Baking 101

Baking 101 is an elective course that is focused on the theme of baking in the kitchen. Students will master areas including: the science of baking, reading a recipe, measuring, and mixing ingredients. As a member of Baking 101, students will participate in a charity bake sale as well as various baking trip activities. Course is open to 8th graders only.



7th Grade FACS

The 7th grade FACS Curriculum introduces students to banking and the world of work. Students receive a "job profile", are given a salary and construct a budget for themselves to learn basic banking skills. Interviewing techniques are practiced through Mock Job Interviews with professional staff members. The course then moves toward personal home care and the skills needed to maintain an independent lifestyle. A final unit covering basic cooking and baking techniques culminates with students hosting a taste test of their final food products.



*"One important key to success is self confidence. An important key to self confidence is preparation."
Arthur Ashe.*

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